



CRYO & CONTOUR

Cryoandcontour.com  
7180 Nolensville Rd Suite #2E  
Nolensville, TN 37135  
Fax# (615) 526-6494

## Referral Form

Restoring health through the power of science and personalized support.

Referring physician, Dr. \_\_\_\_\_, phone/fax# \_\_\_\_\_

Patient Name \_\_\_\_\_ patient D.O.B \_\_\_\_\_, age \_\_\_\_\_

Telephone number ( ) \_\_\_\_\_ BMI \_\_\_\_\_

PMH (skip if included in attached note ) \_\_\_\_\_

If this patient has Major coronary risk factors please send a copy of most recent stress test results (must be within the last 12 months or have cardiac clearance to start a physical activity, if **not** cleared please check here [ ]

Please attach recommended lab results within 3 months(optional): **Lipid panel, CMP, uric acid, thyroid function, vitamin D, CBC, Urinalysis, A1c, magnesium, EKG, calcium, pregnancy test**

### **Contraindications to our program include:**

- |   |   |
|---|---|
| <input type="checkbox"/> Pregnancy/Breast feeding   | <input type="checkbox"/> Corticosteroid therapy         |
| <input type="checkbox"/> Endocrinologic reasons for obesity   | <input type="checkbox"/> Active gastric ulcer           |
| <input type="checkbox"/> Liver disease requiring protein restriction  | <input type="checkbox"/> Bone fracture                  |
| <input type="checkbox"/> Lithium treatment  | <input type="checkbox"/> Cancer                         |
| <input type="checkbox"/> Mental illness that would interfere with compliance to recommendations, renal insufficiency, | <input type="checkbox"/> Untreated hyperuricemia        |
| <input type="checkbox"/> Milk allergy (not lactose intolerance) or aspartame allergy                                  | <input type="checkbox"/> Active Irritable Bowel Disease |
|   | <input type="checkbox"/> Decompensating heart failure   |

I, Dr. \_\_\_\_\_ attest that the above patient would benefit from a medical weight loss program and is free from any contraindications listed above.

Signature \_\_\_\_\_

**\*Please attach fax and attach last clinic note**